

# Alex MacNeil, PsyD

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## Summary

- Doctorate of Psychology (PsyD) in Clinical Psychology degree. NPI #: 1649604729.
- Owner of Dr Alex MacNeil, LLC.
- Creator and Producer of “Mental Health Explained: A Dr. Alex MacNeil Podcast.”

## Education

William James College <i>Doctor of Psychology in Clinical Psychology</i>	Newton, MA 6/2018
William James College <i>Masters of Arts in Clinical Psychology</i>	Newton, MA 6/2012
Ohio Wesleyan University <i>Bachelor of Arts, Psychology</i>	Delaware, OH 6/2010

## Clinical Experience

Dr Alex MacNeil, LLC <i>Owner and Clinical Psychologist</i>	Arlington, MA 08/2021 - Ongoing	<ul style="list-style-type: none"><li>▪ Provide individual and family therapy for youth and adults.</li><li>▪ Engage in psychological consultation and education.</li><li>▪ Produce “Mental Health Explained: A Dr. Alex MacNeil Podcast” which is a podcast aimed at providing information about mental health resources, ideas, and insights to the population of Massachusetts and beyond.</li></ul>
Lifescence Health <i>Clinical Psychologist</i>	Arlington, MA 01/2020 - 08/2021	<ul style="list-style-type: none"><li>▪ Provided therapy to a diverse population of adult, adolescents, and children.</li><li>▪ Engaged in Telehealth therapy services.</li></ul>
Counseling and Assessment Clinic of Worcester, LLC <i>Post-Doctoral Clinical Intern</i>	Worcester & Fitchburg, MA 8/2018 - 11/2019	<ul style="list-style-type: none"><li>▪ Provided individual, family, and couples therapy to a diverse population of adult, teenage, and latency-aged clients in an outpatient setting.</li><li>▪ Treated clients with a wide range of disabilities including PTSD, Autism Spectrum Disorder, substance abuse disorders, depression, anxiety, and psychosis.</li></ul>
Mass General Hospital/Aspire Summer Program <i>Job Coach</i>	Lexington, MA 6/2018-8/2018	<ul style="list-style-type: none"><li>▪ Served as a Job Coach to a group of youth diagnosed with Autism Spectrum Disorder, helping them learn social skills, job responsibilities, and stress management techniques.</li></ul>

Wediko Children's Services  
*Clinical Intern* Boston, MA  
9/2016 – 7/2018

- APA-accredited consortium training site.
- Conducted individual and family therapy with children, adolescents and adults in the Boston Public Schools. Much of this population faced a variety of hardships including mental illnesses, low socioeconomic status, and traumatic backgrounds.

The Wediko School Windsor, NH  
*Residential Counselor* 9/2010 – 1/2014, 9/2016 – 8/2018, 11/2020

- Supervised teenage boys diagnosed with mental and emotional disabilities.

Extended School Year Program Boston, MA  
*Guidance Assistant, Clinician* June-August during summers of 2011, 2012, 2013, 2015, 2017

- Counseled adolescents and latency-aged students in Boston Public Schools diagnosed with emotional and mental disabilities.

Camp Triumph Reading, MA  
*Counselor* 6/2014 - 8/2014

- Worked within a day program that helped children and adolescents who struggled with Autism Spectrum Disorder, attention disorders, and mood disorders.

Fenway Health Boston, MA  
*Practicum Student* 9/2011 – 7/2012

- Provided individual and group psychotherapy within Fenway Health's Substance Abuse Treatment Program and Psychotherapy Program.
- Delivered psychotherapy to students from Boston Conservatory and adults in the LGBT population with various diagnoses, including HIV, Major Depressive Disorder, and substance abuse disorders.
- Participated in trainings within Fenway Health addressing topics such as HIV case management, trauma treatment, and substance abuse treatment.

Melmark New England Andover, MA  
*Practicum Student* 9/2010 – 7/2011

- Provided applied behavior analysis services for children with various diagnoses including Autism Spectrum Disorder, brain injuries, and genetic disorders.
- Observed and conducted functional behavioral assessments.

The Wediko Summer Program Windsor, NH  
*Activity Assistant* June-August 2009, 2010

- Served as a counselor for teenage girls and latency aged boys diagnosed with emotional and mental disabilities.
- Prepared and taught dance classes to provide a healthy, therapeutic activity for the campers.

## **Publications and Presentations**

MacNeil, A. (2016). *Providers' Rates of Use and Views of Contingency Management Protocol in Suboxone and Buprenorphine Programs in Massachusetts*. Unpublished Doctoral Project, Department of Clinical Psychology, William James College, Newton, MA.

MacNeil, A. (2016). *Providers' Rates of Use and Views of Contingency Management Protocol in Suboxone and Buprenorphine Programs in Massachusetts*. Presentation conducted as part of MacNeil's Doctoral Project Colloquium at William James College, Newton, MA.

## Work Experience

McKinley South End Academy Boston, MA  
*Paraprofessional* 9/2014 – 7/2016

- Served as an assistant to a classroom teacher within a therapeutic school setting.
- Collaboratively worked alongside guidance counselors, therapists, co-teachers, and administrators to develop a supportive, safe environment for students.
- Taught a population of adolescents with psychiatric and cognitive disabilities including PTSD, Autism Spectrum Disorders, and Oppositional Defiant Disorder.

Ohio Wesleyan University's Early Childhood Center Delaware, OH  
*Teaching Assistant* 9/2008 – 8/2009

- Responsible for the well-being and education of three-year-old children for one academic year.

## Workshops and Trainings

Attachment, Self-Regulation, and Competency (ARC) treatment framework training 2016

- Participated in a two-day long training presented by Kristine M. Kinniburgh, LCSW, that taught providers the methodology and administration of ARC, an evidence-based framework for treating trauma.

Introduction to Clinical Practice within the Transgender Community 2012

- Attended workshop presented by Elijah C. Nealy, MSSW, that focused on addressing various issues pertinent to the transgender community as it related to clinical practice.

## Leadership and Community Service Experience

Butler A. Jones House of Black Culture of Ohio Wesleyan University Delaware, OH  
*Member* 2007 - 2008

- Helped develop the House of Black Culture as a safe haven for students who felt discriminated against on Ohio Wesleyan University's campus.

Big Brother Big Sister Program of Central Ohio Delaware, OH  
*Big Brother* 2007 - 2008

- Received Ohio Wesleyan University's Award of Excellence for participation in the program.

Boy Scouts of America - Boston Minuteman Council Lexington, MA  
*Member* 1999 - 2005

- Eagle Scout Rank.